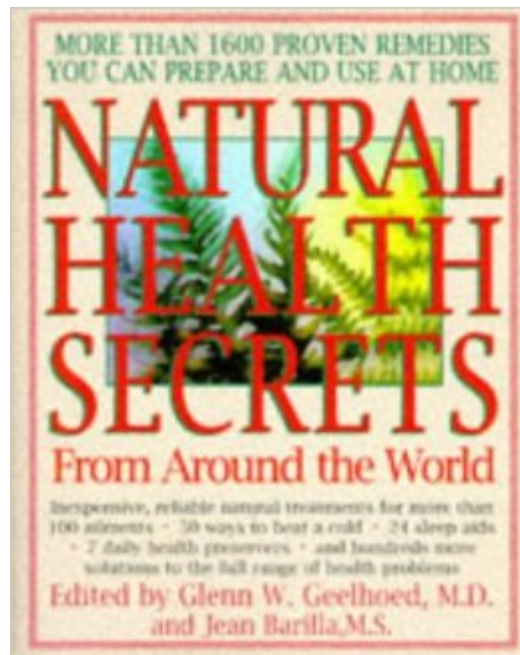


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# Natural Health Secrets From Around The World



## Synopsis

This is an encyclopaedia of 1600 remedies from 30 different cultures dealing with a large range of health problems and emergencies. The ingredients are easily found in groceries and health food shops, and even in many gardens and hedgerows. Alongside remedies for allergies and skin problems, there are aphrodisiac potions, antidepressants, and preventative medicines for more serious diseases such as heart disease, cancer and diabetes.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

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## Customer Reviews

this book is really as his title. in my country-israel there are many jews that came from different kinds of countries around the world, europe, north- africa, middle east countries, and from arab countries ,and south america as well. many remedies that i know from learning at my nutrition school days, and from the jews from those countries are well explained in this must book for anybody. a lot of countries cultures donated their health wisdom traditions in a wonderful way and explanation. i can guarantee that you will benefit and enjoy this book as well. i wish that all the people in the world will understand the message that is hiding behind this recommendation, in the human relationship sense of the way.

I am always a fan of information that encourages the individual to take accountability for their own health and lifestyle choices. This book is definitely a tool towards those kinds of personal goals.

This book arrived quickly and in excellent condition. It appears to be an excellent reference and I will enjoy utilizing it as time goes on.

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